

# WNRDC Calendar of Events

July 2007



## West Newbury Riding and Driving Club POST

### Show Dates

#### Pipestave Hill HorseTrials Series:

August 19  
October 7

See [www.wnrdc.com](http://www.wnrdc.com) for details

### Barn Tour

**Date:** September 30 **Time:** TBA

**Location:** West Newbury barns, starting barn to be determined. Map will be provided at first barn on the tour

**Contact:** Felicity Beech 978-363-2021  
If you would like your barn to be on the tour, please contact Felicity.

### Fall and Winter Meetings

#### Yoga or Exercise for Riders Class

This would be a weekly, one hour class during the months of Oct, Nov, Jan, Feb, and Mar. Class would be run by members with help of exercise or yoga videos. Stay in shape during those winter months! Please email Karen at [k.sherman@comcast.net](mailto:k.sherman@comcast.net) if you are interested in participating, and if you would be willing to pay a small fee (to cover video costs).

**Dates, Time and Location:** TBA

### Come share your equine medical or surgical experiences with other members

Hear from other members' experiences or share your own. Topics can range from minor medical issues to colic or other surgery. If you have a story to share or topic to be discussed, please contact Nady at [nadyrp@yahoo.com](mailto:nadyrp@yahoo.com)

**Date and location :** TBA

### Here are some other topics being worked on:

**The Pre-purchase exam-** What does the vet look for?

**Tack Repair-** Come see how it is done

**Riding Vacations-** members sharing stories about their riding vacations

**Polo-** Come learn more about this exciting sport

Please contact Felicity Beech at [fbeech@comcast.net](mailto:fbeech@comcast.net) with any other suggestions for topics or speakers.

## Club Contacts

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### Board of Directors

Kathy Feehery  
Kathryn West McLeod  
Judy Wright  
Mary Lee Mahoney Camp, Ex Officio President

### Suzy Winsor- Membership Secretary

49 Bridge St.  
West Newbury  
978-363-2319  
[wnrdsecretary@aol.com](mailto:wnrdsecretary@aol.com)

### Newsletter Crew:

Nady Peters 978-363-1589  
[wnrdnewsletter@yahoo.com](mailto:wnrdnewsletter@yahoo.com)

Chris Phaneuf  
[wnrdnewsletter@yahoo.com](mailto:wnrdnewsletter@yahoo.com)

Kathryn West McLeod  
[wnrdnewsletter@yahoo.com](mailto:wnrdnewsletter@yahoo.com)

## Board Member Profile : Judy Wright

Kathryn West McLeod

How many WNRDC members have participated in volunteer activities when they lived over 800 miles away? The answer is two: Board of Directors Member Judy Wright and her husband Tony. While still living in Michigan, the Wrights bought land on Crane Neck Street with an eye toward their future retirement. They volunteered with the Club when they were in town on "vacation" to clear their land.

Judy began riding horses at the tender age of 40. "As a kid, I loved horses but had no access to them," Judy recalled. She and Tony bought a horse for their daughter, Amie, to keep at home on their 40-acre property in Michigan. Eight weeks later, Judy had a horse of her own, a 14.2 hand palomino. "I had poor balance and fell off a lot – almost daily!" she laughed. "I was a total beginner. I didn't even know the horse was gaited! We did lots of cross cantering." Amie joined pony club, and Judy jumped on the equine learning curve with her. There were many drives to Know-downs and other pony club activities as Amie worked her way up to a C2 or a B level.

During those years in Michigan, Judy and Tony enjoyed camping with their horses on the Shore-to-Shore trail. There are horse camps every 25 miles. "We enjoyed weekends out on the trail with friends," she said. "We'd bring an electric fence to set up a small paddock at night."

More horses followed the palomino. Justina was a pretty grey mare with a roman nose. Coincidentally, one of Judy's Michigan neighbors was the president of the US Lippizan Registry, who helped Judy identify Justina as a Lippizan. Justina had six foals. One foal, Aero, is in West Newbury at River Run Farm. Aero is a "leaping Lipizzaner" and competes in eventing. Judy still owns Kandu, another son of Justina, or "Pluto II Justina" as his registered name goes. Kandu's impressive lineage includes a grandsire who performed the quadrille with the Spanish Riding School in Vienna, Austria.

Kandu moved from Michigan to West Newbury with Judy, Tony, and two other horses eight years ago. Judy and Tony wanted a change of scenery in retirement, and were attracted to Boston's rich history. After reading the Boston Sunday *Globe* for a year, they decided to look north of Boston and forgo the traffic of the south shore and the Cape. They found the land on Crane Neck Street while still living in Michigan. They subscribed to the *West Newbury News* to get acquainted with the town. That led to spending vacation time in West Newbury, to clear their land and attend town meetings, and to joining the WNRDC. Between eradicating poison ivy, planting apple trees, and removing old barbed wire fencing, they found the time to participate in WNRDC volunteer activities.

There is a little bit of Michigan in the Wright's West Newbury home. The fencing is from Michigan, and all of the flooring in their home was harvested from their property in Michigan. The barn was completed long before the house, so the horses would have a home when they moved from Michi-

gan. The house would come later!

There are four horses in residence at Judy's barn today, three being boarders. Judy's approach to horse keeping can be summed up as "all about turn-out". She would rather blanket the horses than close up the barn. "In my barn, the horses have 24/7 in-and-outs. They can be inside or outside at their choice." Judy will only close the horses in the barn for a blizzard. Otherwise, fresh air and room to move are the rule.

Judy does all of the barn chores herself. "It defrays the cost of an expensive habit," she sighed. As we were in the middle of an early summer heat wave, I asked what keeps her coming back everyday, in the New England heat and cold. "It can be really hard to get out the door (of the house). But once I open the barn door, I'm in that dreamy place, surrounded by the touch of velvety noses and familiar smells. It's very centering." But that dreamy place can be cold! In the winter, Judy sometimes hops back in her car for a few minutes, engine running and heat blasting, to stay warm enough to complete the chores. "Let's be honest, it's hard work!"

Taking care of her horses herself deepens the bond between horse and rider. Judy has discovered little secrets, like the horses' naptime is about two hours after breakfast. "If I go down to the barn about two hours after feeding, almost all of them will be laying down, napping." Horse people are a great source of support too. "The best people we have ever met have been horse people." The WNRDC played a significant role in helping Judy and Tony make friends in their new home, 800 miles away from Michigan. She refers to the horse people they know as their "village of horse friends."



Judy and Ufano

This sense of community keeps Judy involved in the sport. Her current mount is a 6-year-old Lusitano gelding, Ufano, who was imported from Brazil. They are competing at First Level, and already this year they were Reserve Champion at Saratoga, and came home with 1<sup>st</sup>, 3<sup>rd</sup>, and 4<sup>th</sup> place ribbons from GMHA. "Ufano is great at shows," Judy said. Currently stabled at her trainer's barn, Ufano seems to prefer the hustle and bustle of a large barn. "He's an urban horse!" Judy hopes Ufano will come to

enjoy the peace and quiet of Crane Neck Street.

I asked Judy what kept her going in the early days, when she had so many falls. "I just wanted it so badly," she said. "I wanted to be around them, to touch their velvety noses." Judy's 'horse bug' had had 40 years to build up, and a few falls were not going to dampen her enthusiasm. I asked Judy if she had any advice for adults who were considering riding for the first time. "Yes," she said, "IT'S NEVER TOO LATE! Put that in all capital letters!" Judy laughed. What keeps her going now? Why take on a young, green horse in

her sixties? Judy thought for a moment before she spoke. "It's the exhilaration of short glimpses of what it's like to be one with the horse, with this 1,000 pound being that is actually *willing* to dance with you, if you learn the steps. *That's* addictive."

It's clear Judy finds a joy in riding that transcends age. She looks forward to many more years of velvety noses, soft nickers, and glimpses of harmony. At any age, that's the best any of us can ask for.

## Our Second Annual Pleasure Show a Success!

Chris Phaneuf

Kathryn West-McLeod and an able and enthusiastic group of volunteers put on the 2<sup>nd</sup> Annual WNRDC Pleasure Show on Sunday, June 3<sup>rd</sup>. Despite chilly temperatures and light rain for most of the day (just the opposite of last year's sweltering heat) the show was well attended. Just over 50 entries participated, which was a 20% increase over last year. With lots of walk/trot and novice classes, the show was a great learning experience for many exhibitors.

As one exhibitor wrote, "On behalf of my family and our students here at Linebrook Farm, I just wanted to thank you for putting on this wonderful show. It is just perfect for the kids who need mileage and confidence and even my 19 year old granddaughter, Christina, who just began riding again after a seven year absence. We had a wonderful day and appreciate all the work that goes into making it happen."



Rowan and her mount and ribbons!

Josh Noble of Burkland Farm did an excellent job judging the main ring, and proved to be very popular with our young exhibitors, prompting one parent to write, "I would especially like to forward a sincere *thank you* to one of the judges, Joshua Noble. In a class at *line-up* Rowan had some frustration and a lot of "pulling" on Dolly who was very determined to eat grass. Joshua came over to her, helping her keep Dolly's head up as he told her a story about his own horse, a mare, who also liked to *eat* even more than she liked her new foal! A thoughtful story for the moment! I got to hear that story later at night and how it made a 10 year-old girl trying to be poised and brave on a very big horse, in front of a lot of people, being judged, feel so much bet-

ter. So, thank you Joshua for your kindness!"

Volunteer judge, Chris Phaneuf, assisted by Amy Bresky, ran the gymkhana and games classes in Ring 2. Mary Martin was kind enough to waive her fee for judging the trail classes. Almost all the exhibitors participated in the trail class, which made for a busy day for Mary. Mary, who also volunteers for New England Equine Rescue, also sponsored a raffle for anyone riding a rescue/adopted horse in the show.



One of the pleasure classes

Our 2007 sponsors contributed to our success as sponsorship covered the judging fees, ribbons and prizes. Silver Cup Sponsors: Heidi's Herbals -- Handcrafted soaps & body products; and Deb Hamilton, Realtor. Champion Level Sponsors: Anne Bonazoli, Chris Phaneuf, Salisbury Insurance Agency, Inc., Gordon's Canteen Service, Amy Bresky, and Kathryn West McLeod. Blue Ribbon Sponsors: New England Equine Rescue; Mary Martin. Friends: Felicity Beech, Terry Berns

We could not put on this show without our many volunteers: Anne Bonazoli, Peyton and Parker Beatrice, Ellen Alden, Brooks Robinson, Felicity Beech, Jill Hazard, Dani Douphinette, Cindy Douphinette, Elaine Drolet, Ann O'Brien, Sarah Robinson, Laura Roberts, and Amy Bresky. Thanks also to Brian Kelley for weed whacking the rings and Jill Hazard for coordinating mowing!

Please consider joining the Other Competitions Committee this fall, so we may continue this new tradition, and perhaps bring a Gymkhana back to Pipestave in 2008.

## MRFRS Seeks Barn Homes for Kitties

Liz Pease

You may already be familiar with the Merrimack River Feline Rescue Society through our adoption center on Route 110 in Salisbury, or through our work with feral cats on the Newburyport waterfront. One program you may not be aware of, however, is our barn placement program. Through this program, we match barns in need of rodent control with feral or semi-socialized cats in need of a place to call home. It's a win-win situation for the cats and for the barns!

What is MRFRS looking for in a barn home for our cats? It's pretty simple: the barn needs to have an area where the cats can stay warm in the winter (or where a simple shelter can be set up), a human who will provide fresh food and water, and preferably a secure area where the cats can remain inside at night (to reduce the threat of predation by coyotes and fisher cats). The barn doesn't have to be beautiful or

state-of-the-art; all our cats need is a cozy nook, a food bowl, and a caring person willing to give them a chance.

So how do you go about adopting one of our barn cats? The first step is to fill out an adoption questionnaire, available either on our website or at the adoption center. Indicate that you are looking for barn cats, and then once your application is approved, our barn coordinator will contact you to arrange an on-site visit to see your barn and explain the placement/acclimation process. Before you know it, a group of grateful kitties could be keeping the rats and mice on the run from your barn!

For more information, please visit us at [www.mrfrs.org](http://www.mrfrs.org) or 63 Elm St., Salisbury, MA 01952; or call or email us at 978-462-0760 or [info@mrfrs.org](mailto:info@mrfrs.org).

## Dog Owners Clean up at Mill Pond

For the past two years (possibly more) dog walkers who frequently walk our dogs at Mill Pond arranged a clean up day. Sunday has been the chosen day prior to sports at the soccer field. We cleaned the soccer field, baseball diamond, both parking lot areas and the path into the agricultural field. We clean with the hope that new dog owners visiting will see how clean the area is and will pick up after themselves. While we adults clean, our dogs have a wonderful time playing! I moved to West Newbury 2.5 years ago and have made

many new and wonderful friends at Mill Pond. It is the best place to walk dogs, ride horses and socialize. I hope that the people who visit continue to take care of the property. It would be a shame if animals were not allowed to be there. I am moving to VT and can only hope that I find a similar place. But I will be back to visit family and will make sure I find time to walk "Boats" there.

Lisa LaPlante

## Fun at the Myopia Hunt Clinic

On May 12th the Myopia Hunt Club sponsored a clinic at Long Hill Orchard. Over 30 people attended, mostly from WNRDC, and 16 of whom were mounted. Member Torie Palm writes: "My daughter and I had a great time this afternoon. It was very helpful being educated on something that my daughter has wanted to do, but didn't know that much

about. Everybody was so nice to come spend a gorgeous Saturday with us, it was very much appreciated."

Attendees learned all about the tradition of a drag hunt from protocol and etiquette to the roles of the Master, Huntsman, Whippers-in and Field Masters, as well as the attire for different seasons. Participants then followed hounds on a short ride through the rows of blossoming apple trees on Long Hill.

Much of the information discussed is available on the new Myopia web site <http://www.myopiahunt.com> as well fixture dates for the 2007 season.



Speakers: Linda Donovan, Hunt Secretary; Donald Little, Master of Foxhounds; Eugene Mckay, Huntsman; Betty Ellis, M.F.H. Retired



## March Club Meeting: Introduction to “WHOA-GA™”

Cathy Reynolds, a double certified riding (NARHA) and yoga (AFIA) instructor, visited WNRDC in March to speak about “Whoa-Ga™,” (rhymes with yoga), a riding instruction method she developed.

Cathy's book, 'Introduction to Whoa-Ga,' is subtitled “Eight Limbed Yoga for Horse/Rider Harmony.” This approach to learning or improving riding skills takes yoga poses, called *asanas*, and translates them to riding position on the horse. Yoga's approach to body balance and alignment naturally carries over into riding, which also requires (human) body balance and alignment to sit correctly on the horse.

A rider since she was nine years old, Cathy has galloped racehorses, ridden park Morgans, and trained hunters, jumpers, and dressage horses. Along the way she became interested in yoga. She saw many parallels between yoga and riding, and Whoa-Ga™ was born.

A Whoa-Ga™ instruction program begins with dismounted exercises for the rider. Asanas are used to aid the rider in developing body awareness. Once a rider is aware of their own body, its balance, and limb position, they can more easily be aware of these things while riding a horse. Yoga breathing techniques are incorporated, as these same breathing techniques can be used on the horse to achieve relaxation.

Cathy explained how the yoga ball is used as a horse substitute, teaching the rider the feel of balance on the ball, which will become balance on the horse. The rider develops muscle memory on the ball without the distraction of having to control the horse. Riders can practice effective seat and leg positions on the ball between rides, to make

time in the saddle more productive. Mounted instruction is done bareback or with a bareback pad. The horse is led by a helper on the ground in beginning stages, so the rider may concentrate on their position and balance.

How does this help the horse? Cathy pointed out that a horse carrying a rider must balance the rider's weight on it's back, in order to keep it's own balance. For example, a rider that leans over the horse's neck, puts more weight on the horse's forehead. To compensate, the horse is constantly reaching out it's front legs to keep from falling on it's nose, and we say the horse is “on it's forehead.” As the rider's balance moves back, the horse's balance improves, the horse raises its head and is no longer “on it's forehead.” How do I know my balance is affecting my horse? Watch him or her during turnout. Do you see a floating trot? A canter that's balanced, not hollow or strung out? How about a flying change?

Our horses have the ability to walk, trot and canter in balance, barring of course any injuries or physical problems. The rider dramatically affects that balance. Whoa-Ga™ is one method which can enhance the rider's balance and promote horse and rider harmony.

Cathy Reynolds is available for clinics. Whoa-Ga™ offerings include yoga only clinics, full mounted clinics, and weekend retreats in Vermont. Her website, [www.whoaga.com](http://www.whoaga.com), contains information on Whoa-Ga™ and the clinic options, including pricing. Anyone interested in a local West Newbury clinic in late summer or this autumn, can contact Kathryn West McLeod via email at [kwest978@comcast.net](mailto:kwest978@comcast.net) or at (617) 943-9601.

Kathryn West McLeod

## Did You Know?

\*Under normal circumstances, a horse will consume one gallon of water per 100 pounds of body weight. During hot, humid weather a horse will compensate for the additional, body fluids lost in sweat by increasing water intake. A temperature change from 55 degrees to 70 degrees will increase a horse's water requirements by 15 to 20 percent. Provide plenty of cool, fresh water during these hot summer days!

\*Short walk breaks will give the horse's body cooling mechanism a chance to catch up during a workout. Shorten work periods and give your horse frequent walk breaks. If possible, schedule your riding early in the morning or late in the evening to take advantage of cooler temperatures.

\*If the sum of the temperature in degrees Fahrenheit and the relative humidity in percentage is over 130, you should be cautious about exercising your horse. If it is over 150, you should probably rest in the shade, and if it is over 180, most horses should not work at all.

\*The formula for a cool-down is: Cool water-scrape-water-scrape-water-scrape, and you continue repeating both elements until the water on the horse's body stops becoming hot. When the water on the horse feels not much warmer than the cool water coming out of the hose, you'll know that your efforts are paying off, and the horse's body is cooling down.

## CLASSIFIEDS

**Free**—Two sweet-tempered, healthy, 4 year old, male, neutered cats, one sleek black, one taffy colored angora. Owner moved to Ireland. Can be separated. Cat carrier and litter box included. Willing to take back if it doesn't work out. Contact Bernie Hamilton 978-363-1231 or [bernieham00@comcast.net](mailto:bernieham00@comcast.net)

**For Sale**—Indy is a flashy 7 yr 14h Dunn colored Welsh Pony gelding. He has wonderful conformation and is a beautiful mover with a nice extended trot. He would be great as a hunt seat pony – he loves to jump. Can ride or drive. Has been used for lessons and rides well alone or in groups. He would make a great pony for whatever your discipline. Extremely easy keeper: no blankets, no shoes, no vices, and has always been sound. UTD on everything. Needs a confident Rider. \$5,600. For more information and pictures contact Kathleen at (978) 255-1785 or email: [Kathleen-small@comcast.net](mailto:Kathleen-small@comcast.net)

**For Half Lease**—Grand Prix Schoolmaster. 17 hand Imported Hanoverian, safe and sane. Will teach you the ropes. Stabled at A premiere Dressage Facility in Danvers. All Equipment included. Not for a beginner. Contact Liz at [EPSchofield@aol.com](mailto:EPSchofield@aol.com) or 603-770-1133

**For Sale**—Black leather driving harness, including driving bridle and Liverpool Bit with curb chain. Cob size \$125.00. For more information call Ellen Alden at 978-363-1170

**For Lease**—CJ needs a job! We have an incredibly sweet and talented 9 yr old 14hh Haflinger who loves to work but sadly, his owner no longer has time for him. He does it all, dressage to first level, jumps, is road safe, loves trails, and is a super driving horse. He has impeccable barn manners and is beautiful too! If you think I am exaggerating well, come see for yourself! CJ is a beloved member of our family and therefore it is breaking my heart to see him just hanging around pinning for something to do. He is available for lease on my farm in WNby or perhaps a lease to own situation? If

you and CJ are right for each other we will work something out. Call Karen at 978-255-2637

**For Sale**—Beautiful level, dry land with room to expand, 3 stall barn & ring. Plenty of storage in barn and hay shed. Trails & indoor 1/10 mile down quiet road. 7 room, 3 bedroom home. Just over MA border 5 min from 95 exit 1 in horse friendly Kensington, NH. Visit [www.nh-horse-property.com](http://www.nh-horse-property.com) for pictures, details, plot plan. \$379,900. Contact Regina at 978-837-0260

**Free Lease**—My name is Kelsey Wallace, and I will be a college freshman in the fall. I am looking for someone interested in free-leasing my mare Sassy while I get settled in at school. She will be available from the end of August until at least late January (and possibly through the second half of the school year). Sassy is an 8 year old, 15.2 TB/Paint. I'm showing her at First Level this year but she also loves to jump and go for trail rides. She's a great mover and loves to be ridden. While she is quiet under saddle and on the ground, she does kick the walls at feeding time. I have made a habit of padding the walls of any stall she will be in for an extended period of time because otherwise, she can do some damage. Sassy is a very cute horse who's looking for an intermediate rider to do some low-level dressage/eventing with. Please call Kelsey at 978-363- 1187 or email me at [kwalla\\_bear@yahoo.com](mailto:kwalla_bear@yahoo.com)

**For Sale**—Azures Delight, APHA Registered, 11 yr old sweet gelding. Needs more time than I can give. 15.2H, 50/50 sorrel/white tobiano coloring. Good on trails and in ring, solid warmblood build, ridden English, willing attitude, excellent mount for confident rider, needs work at the canter, barefoot. \$3,000, negotiable to loving home. For more info and pics, call Diane at 978-363-2272 or 978-270-3907

**For Sale**— 2004 Lance Model 845 truck camper. Will fit a 6.5ft bed. Stove, fridge, heater, CD player, TV antenna, bathroom with shower, outside shower, extended cabover, heated holding tanks, side awning & more. \$12,900. Call John 508-527-5632 or email Sue at [poms2@msn.com](mailto:poms2@msn.com)

## Members News, Announcements, and More

*A note of thanks for your support from Cindy Foote:*  
A donation was made in Charles' name to the Angel Memorial from the WNRDC. I also received so many cards, calls, flowers and well wishes from members of the club. Ed and I feel blessed to have been in so many people's thoughts and prayers during Charles' illness. Charles fought a tough battle to get well but wasn't strong enough after 3 weeks of being ill. He was loved

by many and he loved many! His case study may be read by anyone interested. They can contact me at [salisburyi@adelphia.net](mailto:salisburyi@adelphia.net) and request a copy. I'll gladly fax it out to them. There is still one virus test outstanding. It takes a month to grow certain things I guess. Maybe we will get an answer to this. He had never been sick a day in his life. He would have been one year old on May 1st 2007.

## Members News, Announcements, and More Con't

The first annual Breyer Show to support Windrush Farm went smoothly on June 9 despite the rain. There were laughs, lots of prizes, and of course lots and lots of Breyers. The event had been in planning for over a month. It was run by 15 year old Rachael Travers of Haverhill, MA. She came up with the idea when some girls at her barn wanted to have a Breyer show. They then came up with the idea to have the funds go towards Windrush. Setting a goal of \$200, Rachael got to work on creating a website. The results were tremendous. After a final count, a total of \$528 was raised! With the overwhelming success of this year's Breyer Shows, another one will take place next year. If you are interested in donating for next year's event, please visit the website, [www.freewebs.com/windrushbreyershow](http://www.freewebs.com/windrushbreyershow)

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Felicity Beech and Elaine Drolet, WNRDC members, just returned from a week at Horseworks Wyoming . They report spectacular scenery, perfect weather and a memorable riding experience.

Their vacation was do-



Felicity with a mule spotted at "America's Finest Saddle Mule Event" in Ralston WY . This guy was half Clydesdale

nated by Nate and MaeCile Brown, long time supporters of Windrush. The Browns generously included their guests in a clinic run by Richard Winters who taught groundwork and riding skills as well as starting some of the Brown's young colts.



Elaine looking the part!

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Congratulations to Lauren Rowland on her new horse Cysko. Cysko is a 5 yr old Percheron, thoroughbred, paint cross, 16.2 H tall! She is also happy to announce that she found a great home for her thoroughbred mare Sheba. Sheba is enjoying the many acres of grass at her new home in Ipswich and enjoying the daily rides.

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Congratulations to Brenda and Donald Daignault on their new gelding, Cowboy. Cowboy is a paint and is teaching Brenda to ride western!

## WNRDC Information

**Adopt-a-Jump at Pipestave Hill:** Several Jumps are still available for adoption! Contact Amy Bresky, 978-363-2244, amybresky@yahoo.com, to find out which jumps are available and to sign up.

**Cross Country Course at Pipestave Hill:** The paths have been mowed and some of the jumps are now open. Some jumps are tied off because of the footing or they are under repair. Please be courteous and do not jump any of the jumps if the footing is soft. The rings, trails and fields are open for your hacking pleasure when the footing is firm enough... please use mowed paths only in every field. Please be considerate and do not damage the footing. Trailer parking is in the gravel parking area near the rings, accessed through the main entrance. Please remove all your hay and manure when you go, as we share this area with other activities.

**Mill Pond:** Please WALK only near the pond and roadways leading to and from the pond. This area is too congested for any other gait and there are many families with young children and dogs there that are not familiar with horses. Horses are no longer allowed to wade near the dock area. There is a separate area beyond the telephone poles.

## GET CONNECTED TO OTHER MEMBERS WITH THE WNRDC YAHOO GROUP

The WNRDC Yahoo group has been up and running for a few months now and has over 50 members. If you sign up, you can send and receive messages from members on a variety of things such as horses for sale or lease, items for sale, available stalls, trail rides, and share some pictures!

**How to join:** If you want to join only the mailing list for the group, send a blank email to [wnrdc-subscribe@yahoogleroups.com](mailto:wnrdc-subscribe@yahoogleroups.com). If you have a yahoo email address or don't mind creating one to log into the group, send an email to [wnrdcnewsletter@yahoo.com](mailto:wnrdcnewsletter@yahoo.com) and re-

quest an invitation to join the group.

**How to post a message:** Send your email to [wnrdc@yahoogleroups.com](mailto:wnrdc@yahoogleroups.com) and everyone who is subscribed to the group will receive it. Remember to add your name at the bottom of the message as we may not know from your email address who you are.

**How to visit the group on the web:** <http://sports.groups.yahoo.com/group/wnrdc/>

**Get the newsletter in color and help us save trees and save on printing and postage costs by signing up to receive this newsletter as a pdf file in your email. To sign up, please send an email to [wnrdcnewsletter@yahoo.com](mailto:wnrdcnewsletter@yahoo.com)**

Don't forget to renew your membership. Your address label shows which year your membership expires.

[www.wnrdc.com](http://www.wnrdc.com)

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c/o Nady Peters  
123 Crane Neck Street  
West Newbury, MA 01985

